

# Point Family

## Wellness and Chiropractic

Welcome to Point Family Wellness and Chiropractic! We will conduct a thorough history and physical examination to decide if we can assist you. If we do not believe that your condition will respond to chiropractic care, we will not accept you as a patient but will refer you to another health care provider, if appropriate.

### Patient General Information

(Please Print in Black or Blue Ink) Today's Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name: (First, MI, Last) \_\_\_\_\_ Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Other Phone: \_\_\_\_\_

Gender:  Male  Female Email: \_\_\_\_\_ Contact Method (check one)  H  M  O  E@

---

SSN: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Race:  White  Black/African American  Hispanic  Other \_\_\_\_\_

Marital Status:  Single  Married  Other Preferred Language:  English  Other \_\_\_\_\_

Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_ Spouse's Occupation: \_\_\_\_\_ Spouse's Employer: \_\_\_\_\_

Names and Ages of Children: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

How were you referred: \_\_\_\_\_ Appointment Reminders:  Email  Text

Have you seen a Chiropractor before:  Yes  No (If yes, who?) \_\_\_\_\_

Insurance  Cash

### Insurance Information

Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Relationship to the Patient:  Self  Spouse  Parent/Guardian Policy Holder's Name: \_\_\_\_\_

Policy Holder's Gender:  Male  Female Policy Holder's Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Policy Holder's Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_

### History of Present Illness

Date of injury: \_\_\_\_\_ Date Symptoms Appeared: \_\_\_\_\_

What are your current complaints: \_\_\_\_\_

How did your problem begin: \_\_\_\_\_  Suddenly  Gradual  Post Injury

Have you ever had the same condition:  Yes  No Have you seen another provider for this condition:  Yes  No

Since the condition began are the symptoms:

Increasing  Decreasing  Not changing

What percent of the day are symptoms felt:

0 – 25  25 – 50  50 – 75  75 – 100

What makes your symptoms better:

\_\_\_\_\_

What makes your symptoms worse:

\_\_\_\_\_

Rate the severity of your pain: (0 = No Pain, 10 = A lot of Pain)

0 1 2 3 4 5 6 7 8 9 10

Mark the areas on this body where you feel the described sensations. Please use the appropriate symbols.

)))))) Aching

xxxx Burning

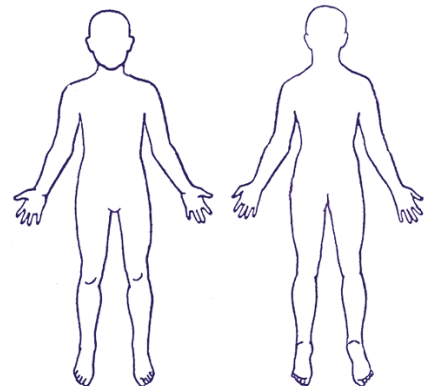
oooo Dull

:::: Sharp

///// Stabbing

++++ Throbbing

\*\*\*\*\* Numbness/Tingling



### Social History

What are your hobbies: \_\_\_\_\_

Do you use tobacco products:  Yes  Former smoker  Never been a smoker If yes, how many packs per day: \_\_\_\_\_

If you are a former smoker, how long has it been since quitting: \_\_\_\_\_

Do you drink alcohol?  Yes  No If yes, how often? \_\_\_\_\_

Do you exercise:  Yes  No If yes, in what way: \_\_\_\_\_

### Medical History

Please list any Hospitalizations, Auto Accidents, Surgeries, Serious Illness, or Serious Injuries:

Date: \_\_\_\_\_ Briefly Explain: \_\_\_\_\_

Date: \_\_\_\_\_ Briefly Explain: \_\_\_\_\_

Please list any known allergies: \_\_\_\_\_

Current Medications and Supplements: *(Please include prescription and over the counter medications)*

Medication	Reason	Supplements
_____	_____	_____
_____	_____	_____
_____	_____	_____

### Family Health History

Please indicate if a family member (parent, sibling, or child) has had or currently has any of the following conditions:

Arthritis  High Blood Pressure  High Cholesterol  Heart Disease  Stroke  Diabetes  Cancer

If deceased, please list cause of death: \_\_\_\_\_

### Medical Conditions

Please indicate if you've had or presently have any of the following conditions:  Acid Reflux  ADD/ADHD  Allergies

Anxiety  Arthritis  Asthma  Cancer  COPD  Constipation  Depression  Diabetes

Headaches  Heart Disease  High Blood Pressure  High Cholesterol  Liver Disease  Osteoporosis  Renal Disease

Seizure  Stroke  Thyroid Disease  Ulcers  Other \_\_\_\_\_

### Health Goals

What are your top three health goals:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

What would you like to gain from chiropractic care?  Resolve existing condition  Overall wellness  Both

Do you have any health concerns for other family members today? \_\_\_\_\_

Are you open to other therapies to help improve your care?  Acupuncture  Massage  Nutrition

### Signature

I certify this information is true and correct to the best of my knowledge. I will notify Point Family Wellness and Chiropractic of any changes in my status or the above information. I consent to a chiropractic evaluation and treatment by the doctor. I understand that any fee for service rendered is due at the time of service.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Vitals (OFFICE USE ONLY)

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Pulse: \_\_\_\_\_ Resp: \_\_\_\_\_ Temp: \_\_\_\_\_ BP: \_\_\_\_\_ / \_\_\_\_\_ BMI: \_\_\_\_\_